



Fancy having a go at water skiing or wakeboarding?
See Page 2 for further information

INSIGHT

Autumn 2018

We first have events which are not venue specific followed by **RSS** events and then **SRSB** Events. **RSS** and **SRSB** section are clearly titled as such.

DIARY OF EVENTS – NOT VENUE SPECIFIC

SEPTEMBER

8th	Saturday	Water-skiing / Wakeboarding – 1pm to 6pm, Treeton Reservoir
9th	Sunday	Closing date for Community Advice Officer Vacancy
13th	Thursday	Pub Quiz, The Old Queens Head, 7:30pm
21st	Friday	Golf Day, Abbeydale Golf Club, from 9am
23rd	Sunday	Asda Foundation Sheffield 10K, City Centre, 9:30am
28th	Friday	Bill n Ed's Piano Recital, Victoria Hall, 1:15pm

OCTOBER

30th	Tuesday	Fashion Show, Tapton Hall, 7:30pm
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NOVEMBER

16th	Friday	Glass and Firewalk, Hillsborough Arena, 7pm
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DECEMBER

8th	Saturday	Breakfast with Santa, Virgin Money Lounge, 10:30am to 1pm
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DIARY OF EVENTS – ROTHERHAM SIGHT & SOUND

NOVEMBER

28th	Wednesday	Orcam Demo Day, 10am to 3pm
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DIARY OF EVENTS – SRSB

SEPTEMBER

22nd	Saturday	Afternoon Tea, 2pm to 4pm
24th – 28th	Mon to Fri	SRSB Free Will Week, 10am to 3pm
25th	Tuesday	Afternoon Tea, 2:30pm to 4pm

OCTOBER

1st	Monday	Craftnoon, 2:30pm to 4pm
8th	Monday	Orcam Forum, 10:30am to 12:30pm
17th	Wednesday	Orcam Forum, 2pm to 4pm
19th	Friday	Gin & Food Pairing, 7:30pm
23rd	Tuesday	Orcam Forum, 10:30am to 12:30pm
27th	Saturday	On the Shelf, 2pm to 4pm

NOVEMBER

26th	Monday	Orcam Demo Day, 10am to 3pm
27th	Tuesday	RP Support Group, 2:30pm to 4pm

Welcome to our latest newsletter. We hope you enjoy this edition. If you have any suggestions for future newsletters then please just get in touch.

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INTRODUCTION

Well, here we are again with the latest edition of Insight. We apologise for it being a month late but we have had some staff illness to manage.

See below for activities/events which are imminent.

In this newsletter we abbreviate Rotherham Sight & Sound to **RSS** in the same way we abbreviate Sheffield Royal Society for the Blind to **SRSB**.

Clients can access any services or events in Rotherham or Sheffield regardless of where they live.

WATER SKIING AND WAKEBOARDING

Saturday 8th September, 1pm to 6pm
Treeton Reservoir

Organised by the British Disabled Water Ski and Wakeboard Association, this is your opportunity to have a go and find out if you enjoy this activity. Their instructors are experienced in working with blind, partially sighted and deaf people, although the coaches do not have any BSL skills.

Minibus transport will be available picking up from central points in Sheffield and Rotherham.

The organisers do have to make a charge to cover the cost of the speedboat etc - 1 Tow £15, 2 Tows £25, 3 Tows £30

Please contact Joanne at **SRSB** if you are interested in joining us for the day.

COMMUNITY ADVICE OFFICER VACANCY

Based at Sheffield and Rotherham Sight & Sound this vacancy closes on Sunday 9th September. If you or anyone you know is interested please ask them to look on our website where there is a detailed job description and details of how to apply. <https://goo.gl/HoYwmj>

FESTIVE FRIENDS

Do you spend Christmas alone?

Christmas can be a very lonely time for many people – families may live away, friends are often too busy, lunch clubs and day centres close over the festive period. This can often lead to people feeling quite isolated and down at a time when most people are making merry and having a good time.

At **SRSB** and **RSS** we are looking at ways to combat this and have come up with the idea of Festive Friends. We would like to hear from you if you would like to spend Christmas Day with others in a similar situation, enjoy a Christmas lunch and maybe even a little tippie or two.

If you are interested and would like more information then please call Joanne at **SRSB**.

If you are a volunteer willing to spare some time on Christmas Day then we would like to hear from you too.

SHEFFIELD MUTUAL CHARITY AWARDS

In our last newsletter we asked you to vote for us and many of you did just that, so a big thank you. Whilst we didn't manage to win the top award we did win third prize of £500 which has gone towards our Rotherham Minibus Appeal.

ROTHERHAM MINIBUS APPEAL

We are delighted to have reached our £50,000 target for the appeal and the

order for the minibus has now been placed. Since our last newsletter when we were about half way to the target we have received the £500 from Sheffield Mutual referred to above and our own Hayley Martin raised over £3,000 from her Rotherham Stays In event. Also we were incredibly fortunate to receive £20,000 (yes that's right, **TWENTY THOUSAND POUNDS**) in a grant from Westfield Health.

We are very grateful to Westfield Health and all the other organisations who made donations, as well as all the individuals who raised money for this appeal, especially our clients who did so much.

We now look forward to delivery of the minibus which is scheduled for late January or February.

ORCAM FORUM EVENTS

Monday 8th October, 10:30am to 12:30pm

Wednesday 17th October, 2pm to 4pm

Tuesday 23rd October, 10:30am to 12:30pm

The forums are designed to introduce you to the OrCam reading device. Open to people of all technical abilities the OrCam, automatically captures text via a miniature mobile device and reads printed and digital text to you instantly. The OrCam assists with regaining your independence around the home and, because you wear it, can be used in shops, in the street or even in the

library. The ability to read your own letters regains your privacy and helps with independence in everyday chores and activities, you can even relax and read a book.

In addition, the OrCam Myeye will read barcodes, recognise and announce your friends, colleagues and family. The new colour recognition feature will help you choose the right outfit to wear. Included are other useful features such as the ability to recognise money notes and other products you regularly use.

The OrCam's simple operation makes it suitable for people of all ages and technical ability – do come along to one of the forums and see if it can help improve your lifestyle.

For further details call **SRSB** or OrCam - Nigel Crook – **07794 629 279**

In addition to these forums we have Demonstration Days booked with Orcam for Sheffield on Monday 26th November and Rotherham on Wednesday 28th November, both dates 10am to 3pm.

STAFF

In August we were very sad to say goodbye to one of our Community Advice Officers, Carolyn Green, who had been with us for 12 years. Carolyn was always passionate about welfare benefits and she has gone to a job which is entirely working with benefits so we wish her well in her new role.

The vacancy that has been created as a result of Carolyn leaving has been advertised and we hope to be making an appointment during September.

JOB CLUB UPDATE

Earlier in the year we ran our first Job Club with structured sessions which ran over 8 weeks. We were extremely lucky to have the support of a number of corporate organisations who shared with us lots of invaluable knowledge and advice. We covered various topics including where to look for jobs, CV writing, interview techniques and technology.

We've had some excellent feedback from those who attended and we too have learnt a lot. One of the people on the course has also secured a job which is great news.

We are keen to run the Job Club again later this year and further details will be in our next newsletter.

If you are interested, please call **SRSB**.

CLIENT SURVEY

Towards the end of September we will be launching our client survey.

This will be an online survey to enable us to quickly collate the feedback but don't worry if you are not able to do the survey online – We will have volunteers in our centre who can do the survey with you either face to face or over the phone.

Your feedback is very important to us and will inform our services development committee about the

areas we need to concentrate on – what's good, what's not so good and requires improvement and any new services or activities we should be looking at developing.

SUMMER RAFFLE

A huge thank you to everybody that sold our raffle tickets for us – the total raised was £2,145 which is a big help with our running costs.

VISUALLY IMPAIRED

ARCHERY

Hi, my name is Phillip Tranter and I am writing about my experience of competing as a visually impaired Archery at Pilsen in the Para European Championships 11th to 19th August 2018.

I am a visually impaired and learnt to shoot a bow at Sheffield Blind Archery group based at the Northern General Hospital. I need to use a tactile sight and foot locators to enable me to aim at the target, along with my spotter Marina, who assists me with the equipment and telling me where the arrows are in the target.

I was very excited when I found out that I was part of the team going to the games. We travelled to Pilsen with the Para Archery team on the Saturday 11th August. We stayed in a hotel that was in the City centre and not far from the venues used for the competition. Over the next few days the team practiced at the Archery field in readiness for the Qualifiers.

These are used to determine who goes through to the semi-final/finals.

Four visually impaired archers from Britain made to the semi-finals, one of whom is a Deaf Blind archer from Northern Ireland called John Nicols.

The medal matches were held in the central square of Pilsen, next to the cathedral. It was televised on YouTube which made me a little nervous initially, but I hardly had time to think about it when the time came.

My match was for the Bronze medal, against another British Archer called Nick Thomas. It came down to a one arrow shoot out, highest score wins. Unfortunately I lost, but despite my disappointment, I still enjoyed my experience at the games. I met some very interesting people from various places and can't wait to go to my next competition.

Visual impairment does not have to be a barrier to taking up a chosen sport or pastime.

For more information on archery for people with a visual impairment please contact Les Culf on **0114 246 5515**

DAY TRIP

We had an excellent turnout for our annual day trip to the seaside this year with clients from both Rotherham and Sheffield. We went to Bridlington in July when almost 200 people joined us, well up on recent years. We had only booked 3 coaches originally and with about 3 weeks to go we had to book an additional coach. The weather was kind and everybody seemed to have an enjoyable time.

DROP IN SESSIONS

We have changed the frequency of our drop in sessions. Instead of them being held weekly at both Rotherham and Sheffield we now alternate between Rotherham and Sheffield, every Monday.

At these sessions a Community Advice Officer is available to discuss any concerns you may have but predominantly their time is occupied with welfare benefit enquiries.

To avoid a wasted journey please give us a call at either Rotherham or Sheffield to check when the next session is.

AUDIO DESCRIBED

PERFORMANCES AT SHEFFIELD THEATRES.

If you would like further information on audio described performances please contact the Theatre Ticket Office on **0114 249 6000**.

More information can be found at <http://digbig.com/5bgjet> - Select the link near the bottom of the page for "Accessible Performances" to bring up details of dates and times of performances.

Do bear in mind that the Culture Club will be organising trips to some of these performances – see page 9 for more details on the Culture Club.

SRSB

SATURDAY AFTERNOON TEA

Saturday 22nd September, 2pm to 4pm

Come and spend a lovely afternoon with us at SRSB, enjoy a delicious afternoon tea with sandwiches and cakes, listen to some relaxing music and have a natter with friends.

£5 per person.

To book a place please call **SRSB**

AFTERNOON TEA WITH GUEST SPEAKER

Tuesday 25th September, 2:30pm to 4pm at **SRSB**

Do you struggle with both your vision and your hearing? We are holding an afternoon tea especially for people with dual sensory loss. Come along, enjoy complementary tea and cakes, and listen to an inspirational talk from

our guest speaker Robert Nolan, Chair of Deafblind UK.

In his presentation Bob shares his "glass half full" approach to life and work and how he has not allowed his deafblindness to hold him back. Bob had a successful career in the oil industry, he managed a European wide team and travelled the world for his work, has run marathons, cycled 1000's of miles on a tandem and loves hill walking, swimming, photography and playing guitar.... Interesting hobbies for someone who does not hear or see well!

To book a place please call **SRSB**.

POTTERY WORKSHOP

Date and time to be confirmed,
The Art House, 8 Backfields,
Sheffield.

Come along and join us for a two hour bespoke pottery session, try your hand and have fun, throwing your very own piece on the potter's wheel. A fantastic chance to try a new hobby. During the 2 hour tutor led session you will learn how to make an item of your choice and will get to take your piece home 3 weeks later after it has been fired.

Cost £15 per person.

For more information please contact Joanne at **SRSB**.

CRAFTAFTERNOON

We are looking at starting a new monthly afternoon arts and crafts group. The sessions will run from 2:30pm to 4pm at our Mappin Street Centre on the first Monday of every month provisionally starting October. We are also looking for volunteers who have skills and enthusiasm in this area who would like to help run the sessions. If you are interested, please call Joanne at **SRSB**.

IT CLASSES

St Thomas More Community Centre and Catholic Church, Parson Cross Community Development Forum, 56 Margetson Crescent, Sheffield S5 9NB

These are starting for Partially Sighted learners with a wide variety of accredited and non-accredited computer applications from E3 up to Level 2.

We offer Word Processing, Spreadsheets, Desktop Publishing, Presentation Software, Databases, internet, and email.

You may feel a little nervous about returning to learning, but we are a friendly organisation who will make your experience an enjoyable one, so come along and learn new skills and gain qualifications with practical help and guidance.

We use large print booklets in a variety of colours, enlarge the computer screen, mouse pointer, and use large keypads.

The classes run on Tuesdays from 11:30am for 10 weeks each term and are free of charge. Classes start September, January and April each year.

If you would like any further information then please get in touch with Alan Thorpe on **07961 406739** or **0114 220 7007** or the tutor, Jayne Waller, on **0114 327 9727** or **07968 091032**

STAFF

We are extremely sad to be losing Nicola Williams who is leaving us on Friday 7th September as a result of her relocating to Whitby. Nicola has been with us since we opened our centre on Ship Hill last year and has turned her hand to anything we have asked of her. She will be greatly missed but we wish her well in her new life.

We have advertised the vacancy and we hope to be making an appointment during September.

MALTBY SUPPORT GROUP

We have recently started running a support group in Maltby for people with a visual and/or hearing impairment. It's a chance to meet new people, have a look at equipment and to get support and advice. The group will be held at the Edward Dunn Memorial Hall and will run from 10.30am to 12.30pm. The dates for the next few meetings are 17th September, 15th October and 19th November.

BARGE TRIP

Swinton Lock

Friday 14th September, 11am to 1pm

Cost £10

Please call **RSS** to book on this trip.

HALLOWEEN PARTY

Friday 26th October, 7:30pm at **RSS**

Come along and celebrate Halloween with a prize for the best costume

(fancy dress optional).

Bring your own food and drink but please liaise with us so that there is a nice variety of food on the night

COFFEE MORNING

Our regular Thursday coffee morning, 10am to 12noon, continues to be popular. It is a nice way to find out a bit more about what we do and how we can support you, hearing from other clients how we support them.

OTHER REGULAR

GROUPS/ACTIVITIES

Arts & Crafts – Every Tuesday
1:30pm to 3:30pm

Tai Chi – Every Wednesday 10am to 11am

Pilates – Every Thursday 1:30pm to 2:30pm

Lip Reading Classes – Every Monday during term time, 12noon to 2pm

Walking Group – First Thursday of every month

Social/Sports Activities – Every Friday morning.

Tinnitus Support Group – 4th Friday of every month

Rotherham Macular Support Group – 3rd Wednesday of every month

Rotherham Hard of Hearing Group – 3rd Monday of every month

For further information on any of these activities/groups please call **RSS**.

INBETWEENERS CLUB NEWS

The Inbetweeners club aims to offer activities later in the day for our clients aged 18+. It was started in May 2017 and has now been running for 18 months. In this time we have offered Pilates, French, Tai-chi, Italian and Yoga classes. All lessons were specifically designed for Visually Impaired people.

As a result of the work done we now have two permanent classes at our Mappin Street Centre:

Pilates

These classes were the first offered and they have never really stopped. They will carry on at the new time of **5pm to 6pm every Wednesday**. Our Pilates practitioner has now taken charge of running the lessons for us and they are offered at £9 for waged and £7 concession per session paid directly to the teacher. Spaces are limited as there are regular students in this group so booking is essential. People who attend the class speak about the improvement that it has made to their posture, agility and general health.

Yoga

We are delighted to announce that we are able to offer **free yoga classes** for our clients in collaboration with YogaQuota a charity that aims to make yoga accessible and inclusive. We are very grateful that they are funding the teacher whilst we are offering the premises.

The classes run every **Thursday 4:30pm to 5:30 pm**. They are open to all but places are limited to 10 so booking is essential. No previous yoga experience necessary and you can borrow a mat for your first session.

Please note that the Pilates and Yoga sessions are not suitable for children.

If you are interested in any of the classes above or would like more information, please contact us on **0114 272 2757** or email inbetweeners@srsb.org.uk

LITTLE SPARKLERS

We continue to thrive as many new faces join us on Wednesday mornings. Once a month we have mornings out to such places as a hydrotherapy pool and also the sensory room at Concorde Sports Centre. If you would like more information on Little Sparklers, please contact Kelly or Joanne on **0114 272 2757**

CULTURE CLUB

We have had several trips to the theatre including Sunset Boulevard, Titanic, the Musical, Jersey Boys, Matthew Bourne's Cinderella, The Rat Pack, One Flew Over the Cuckoo's Nest, Officer and a Gentleman, and Dusty. We've also got plenty more coming up over the next few months including Cilla, The Band, Three Musketeers, The Messiah, Macbeth, Rock of Ages, Kiss Me Kate and Standing at the Sky's Edge.

We had a brilliant day out at Southwell Workhouse despite the horrendous weather. We enjoyed a very informative tour and had plenty of time to explore the history of this fascinating building. We then had a lovely day at the very popular Bletchley Park, such was the demand we had to use a coach as we couldn't accommodate everyone on our minibuses. Eden Camp also proved to be very popular, the clients even enjoyed an impromptu pub stop on the way home to watch England play in the quarter final of the world cup. Our final trip so far this year was to the RHS Tatton Park Flower Show, as always a successful event. We have one more trip organised for the summer, to Bolsover Castle in September.

It's been really nice to see an increase in numbers for all the Culture Club events. If you would like to find out more about our Culture Club please call Joanne at **SRSB**.

SHEFFIELD MACULAR GROUP

Degeneration of the macular results in loss of central vision. It is usually a result of ageing and is the most common form of sight loss in older people. This group, which is a branch of the national Macular Society, meets on the first Thursday of each month (except January and August) at 1:30pm for 2pm in the Central United Reformed Church Café off Norfolk Street. New members are most welcome, just come along.

For more information please contact Nick Woodford on **0114 236 8971** or

Robin Story **0114 236 2251**, email: story.robin@yahoo.co.uk

RP SUPPORT GROUP

RP (Retinitis Pigmentosa) is an eye condition affecting the retina usually affecting peripheral vision first and, in time, central vision as well. It is usually inherited.

We held another successful RP meeting earlier this month. We had Rob Nolan, Chairman of DeafBlind UK, who gave a very inspiring talk about his journey with dual sensory loss.

Our next meeting is on Tuesday 27th November, 2:30pm to 4pm.

CHARLES BONNET SYNDROME (CBS) SUPPORT GROUP

Charles Bonnet Syndrome is not a cause of sight loss, more a result of sight loss, but this worrying condition causes hallucinations, resulting in people, or their family/friends, wrongly believing that they may have mental health problems.

The group meets once a month on the third Wednesday of every month at **SRSB's** Mappin Street Centre.

If you think this might be a group you would be interested in attending then please contact **SRSB**.

CRAFTY LADIES

This is an art and craft group, currently comprised entirely of women, which meets alternate Fridays at the Ravenscroft Resource Centre Bungalow in Handsworth.

This is an informal group and the atmosphere is relaxed. If you fancy getting involved in this kind of creativity, in spite of failing sight, then give the group a try.

They are also keen to encourage men to have a go but this may necessitate a change of name for the group!

Contact:

Karen Swann on **0114 273 4917** or

Ali Anthony on **0114 273 4866**

THE SRSB SINGERS

The Singing Group is an increasingly popular group which meets every Wednesday, originally organised by David Cox, **SRSB's** Activity Centre Manager but now facilitated by Mike Harris, one of the singers and a volunteer with **SRSB**.

It is a chance to meet socially as well as enjoying singing together with a wide range of songs. For more information contact **SRSB**

MAPPIN WRITERS

This creative writing group meets every Friday at our Mappin Street Centre, from 11am to 12:30pm. For further information please contact **SRSB**

SOUTH YORKSHIRE

GOALBALL CLUB

Goalball training on a fortnightly basis commencing Tuesday 2nd October, 5pm to 7pm at English Institute of Sport, Sheffield.

South Yorkshire Goalball Club and also Goalball UK are always

interested in attracting and encouraging new players.

For more information contact Kathryn Fielding on **07795 263 642**

SWIMMING

The swimming group meets at Upperthorpe Baths every Thursday. They leave our Mappin Street Centre by minibus at 11:30am, returning approximately 1:30pm. For further information please contact Kathryn Greenwood on **0114 272 9885**

TAI CHI

Regular sessions every Friday from 2:30pm to 3:30pm at our Mappin Street Centre. If you are interested please contact **SRSB**.

SHEFFIELD VI TEN PIN

BOWLING

We meet once a fortnight on Tuesdays at the MFA in Firth Park at around 6:45pm to start playing at 7pm. We are always looking for new players of all ages and skill levels. Contact Kyle at **SRSB** or email kyle.crossland@srsb.org.uk

SHEFFIELD VISUALLY

IMPAIRED WALKING GROUP

The group meet on the first Tuesday, second Wednesday and fourth Sunday of every month. It also meets once per month on a Thursday. Tuesday walks are shorter and easier whilst Thursday walks are more challenging. Please visit the website for up-to-date contact information. <http://www.sviwg.co.uk/>

ARCHERY

This takes place 10am to 2pm every Wednesday at the Northern General Hospital Spinal Injuries Unit sports hall. Visually impaired people with a spotter are welcome. Contact Les Culf on **0114 246 5515**

THE SHEFFIELD BLIND

BOWLERS CLUB

The bowlers meet at 10am every Wednesday at Hillsborough Park for the summer season and 11am at Concord Sports Centre for the winter season with transport available from the city centre for the winter season. For further information please contact Graham Draycott on **0114 286 4121**

DEAFBLIND GROUP

People who have both hearing loss and sight loss are referred to as DeafBlind. They are potentially even more isolated than people with just sight loss and have complex

communication needs. Some people find it difficult to meet in large groups so **SRSB** operates a DeafBlind Group. They meet every Thursday at our Mappin Street Centre from 10:30am to 2:30pm and this provides an opportunity for up to 12 deafblind people to meet on a social basis in an environment that takes account of their specialist communication needs.

The group is run by Rachel Kelly, a trained guide communicator with signing skills, with support from volunteers. They ensure that the members of the group enjoy a range of activities and outings.

Refreshments are served and there is no charge for attending. A two course lunch, cooked in our own kitchen, is available at the subsidised price of £4.

For further information please contact **SRSB**

FUNDRAISING

Well what a summer we have had with some fantastic events – 2 Teddy Parachute Jumps, we boogied at Music in the Gardens and floored it at our Blind Drive and the sun has shone at all the events yeah!!!

As we write this the leaves are turning and autumn is on its way. But don't worry we still have plenty of things for you to do and to have some fun.

Full information on all our current events are below. To join us at any event you can book online, give us a call or email fundraising@srsb.org.uk

SRSB PUB QUIZ

The Old Queens Head, Pond Hill
Thursday 13th September, 7:30pm

Join us for a great night out at Sheffield's oldest Pub. Come along and test the old brain cells. It's great fun. Complimentary sandwiches and chips are provided at half time by the pub. Don't worry if you don't know anyone, there is always a friendly face with volunteers, staff and clients taking part. There are prizes for the winning team too!

Team Entry £12 (Maximum of 4 per team) or £3 per person.

SRSB CHARITY GOLF DAY

Abbeydale Golf Club

Friday 21st September 2018. 9am to 2pm

Calling All Golfers!!

There is still time to take part in this event we have a few tee offs available so please spread the word to all golfers.

The day includes:

Coffee and bacon roll on arrival
4 Ball Am Am Stapleford competition
3/4 handicap (max: men 28 women 36)

Complimentary refreshments at Halfway House

Prizes for 1st, 2nd and 3rd place,
Nearest the Pin, Longest Drive
Fantastic 2 course meal
Commemorative photograph.

We are delighted that Bob Jackson, known as the voice of "Praise or Grumble", will be coming out of retirement to be our official starter on the day. Price: £55 per person

ASDA FOUNDATION

SHEFFIELD 10K

Sunday 23rd September 9:30am

The Sheffield 10k race is returning in September 2018. It has a fantastic course right at the heart of Sheffield city centre. If you are taking part or would like to take to raise funds for **SRSB**, book your place online at the Sheffield 10k website then get in touch with Jane or Sue and we will send you our supporters pack including a

sponsor form and fundraising advice. We also offer an **SRSB** T shirt if you pledge to raise over £50.

Entry fee: £26

FREE WILL WEEK

SRSB Mappin Street Centre

24th to 28th September, 10am to 3pm

We are running a free will week in conjunction with National Eye health Week. During the week we will be holding a free legal surgery with representatives from the following solicitors attending:

Monday – Woskow Brown

Tuesday – Rosalind Watchorn

Wednesday – Best Solicitors

Thursday – Taylor & Emmet

Friday – Graysons

This is an open surgery so you can just turn up and have a chat at any time, or if you would like a private appointment just give us a call.

During the week if you book an appointment and you decide to make a will there will be no cost to you and all we ask is that you consider making a donation or leaving a gift in your will to **SRSB** to help us provide a future for our clients and maintain the services we provide. Our youngest client is 3 months old and we have to be there to support him for life.

The question is often asked why I need to make a will. Well it is advisable that if you are over 18 and you want to ensure that your assets

are given as you wish them to be, you should make a will.

It is only natural that you want to make sure that the people that you care about are provided for, but after you have thought about family and friends please consider including a gift to **SRSB**.

For further information and to receive a copy of our new legacy leaflet please call our Legacy Officer, Sue Coggin or email giftinwills@srsb.org.uk

BILL 'N' ED'S PIANO RECITAL

Victoria Hall, Norfolk Street

Friday 28th September, 1:15pm to 3:15pm

Join us for client Bill Skipworth and his friend Ed's joint Piano Recital. This has become an annual favourite in support of **SRSB** and this year it will be returning to the beautiful Victoria Hall.

Listen to a variety of pieces to include Jazz, Folk, Romantic, and Boogie... there's something for everyone, a great lunchtime treat

Ticket price: This is a FREE event, but donations are welcome.

Tea and coffee available to purchase.

GIN AND FOOD PAIRING EVENT

SRSB's Mappin Street Centre

Friday 19th October 2018, 7:30pm

You are invited to join us for our popular tasting evening which this

year features Gin & Food Pairing. The evening will be compered by Jeff from local boutique and bespoke off-licence StarmoreBoss. As gin still remains very popular we will also have a gin masterclass by local gin distiller Sir Robin of Locksley. We will learn how they were formed and how gin is made with all the botanics involved. There will be five fantastic gins paired with complementary food so come along and try the amazing Malfrey Lemon Gin with a yummy Lemon Torte.

Tickets: £25 per person

ON THE SHELF

SRSB's Mappin Street Centre

Saturday 27th October 2018, 2pm to 4pm.

We are holding our annual event for the Mappin Writers creative writing group at our centre once again in 2018. It will take place at the same time as the Off the Shelf Festival, which is an annual literary festival in Sheffield. We are calling it 'On the Shelf' in recognition of the event.

We are delighted to welcome special guest Ray Lawrence, a local poet and writer, along with his wife Kath.

Mappin Writers V.I.P.s would like to invite you all to our On the Shelf event of dedicated writers bursting with creativity and authenticity.

We would love you to join us.

This is a FREE event, but donations are welcome. Refreshments will be available to purchase in the interval.

FASHION SHOW

Tapton Hall, Shore Lane, Sheffield

Tuesday 30th October, 7:30pm

Organised by the Hallamshire Soroptimist for **SRSB**. The event is run by a company called "London Connection" who own a "Gem" of a shop in Rotherham. They offer a wide range of sizes and styles to suit everyone.

Ticket Price £7

GLASS AND FIREWALK

Hillsborough Arena

Friday 16th November, 7pm

This year you can take part in a Firewalk, a Glass Walk OR both. For the Firewalk you walk across 20 foot of wood embers burning at 1236 degrees Fahrenheit, its tremendous fun! You will feel the ultimate adrenalin buzz and have a great night out! The Glass walk is a calmer relaxed experience as you glide over 100s of smashed wine bottles and experience the thrill of completing the challenge. This is the perfect experience to share with a group of friends or colleagues.

Full training will be given, no experience is necessary; just the ability to have fun.

Minimum sponsorship £50 to include a registration fee of £10

BREAKFAST WITH SANTA

Virgin Money Lounge, Fargate

Saturday 8th December, 10:30am to 1pm

Join us for our annual Breakfast with Santa at the fab Virgin Lounge. After breakfast there will be lots to do with a special Christmas film showing, Christmas activities and the chance to have a game of ten pin bowling. Each child will receive a present from Santa.

Ticket price £5

For further information or to book your place at any event please call Sue or Jane or email

fundraising@srsb.org.uk

SRSB NEEDS YOU

We still have a number of collections booked for 2018 and due to retirement etc we have a shortage of volunteers to help with these collections at supermarkets and outdoor venues. If you or anyone you know can spare just a few hours and would like to join our amazing team of volunteers then do please get in touch. It is great fun and a good way to meet new people. Anyone interested in joining the team please contact Sue or Jane or email fundraising@srsb.org.uk



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