# Sheffield Royal Society for the Blind Rotherham Sight & Sound Cairn Home

# **INSIGHT WINTER 2023**

Providing opportunity, support, friendship and services to people with sight and/or hearing loss in the Sheffield & Rotherham area, helping them to achieve whatever they wish to do and whatever they aspire to be.

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## Introduction

Where has the year gone? Christmas is just around the corner and we've been busy planning all our festive activities. Our staff and volunteers will be donning their Santa hats and Christmas jumpers so do come and join us for some of our festive themed events and activities (more about those later).

2023 has been such a busy year for us. Our **Rotherham Sight & Sound** refurbishment project is now in its final stages and we hope to be back in our Ship Hill Centre before Christmas. We're really looking forward to welcoming everyone back there and offering additional groups and activities as soon as we can, along with a brand new Cafe.

Over the last year our Mappin Street centre has become a hive of activity. We now have so many different groups running throughout the week, and it's lovely to see the Café so busy and hear all the chatter and laughter. If you've not visited us before please do pop in, there's always a friendly face and someone to chat to.

It's been a busy time up at Cairn Home too, with the residents enjoying an encounter with some surprise visitors (more on that later) and ongoing refurbishments of residents' rooms.

We've had a few changes amongst our staff team recently. We welcomed Tracy Fishwick as our new Eye Clinic Liaison Officer (ECLO). She will be sharing the role with our current ECLO Sharon Gill. We will also welcome Charlotte Malin as our new Emotional Support Officer and Stephanie Batty as our new Fundraising Support Officer, so you'll be able to meet them soon. We also said a sad goodbye to Hannah, our Children & Family Support Officer/CAO, we wish her all the best in her move down south and in her new role.

As always if you have any comments or feedback on our Insight newsletter please do let us know, we love hearing from you. If you have a few minutes to fill in the enclosed questionnaire, we would really appreciate it as it helps us to plan for the future.

#### Joanne Ardern CEO of SRSB, RSS and Cairn

## **SRSB & RSS News**

## How to Access What's On at SRSB and RSS:

We have so much happening it can be hard to keep up! However, there are lots of ways to find out:

- Online via our website Client Events page (events are listed in date order): www.srsb.org.uk/client-events.aspx
- Our Service Leaflets explain the specific details of services offered by SRSB, RSS and Cairn and are available in printed or digital format
- Monthly large print activities list or email version (events listed by activity or group)
- Large print notice board in Cafe at **SRSB** with 'What's On this Week' that also has a QR code to link you to the list online
- Contact us by phone 0114 272 2757 or 01709 722 420
- Email us at info@srsb.org.uk

Most of our Client groups, activities and events are available to our clients with both sight and/or hearing loss unless specified. **SRSB/RSS** and **Cairn** clients are welcome to access services in both Sheffield and Rotherham.

### Meet the Team

**Amy:** "Hi, I'm Amy. I have recently joined the **SRSB/RSS** team and what a privilege it is to be a part of. I have been here since the end of August, based at **Rotherham Sight & Sound**. My job role is Deaf/Blind Coordinator, and most people will be wondering what this role involves. Well, the role is to support people with a hearing impairment and see what I can do to help bring barriers down within the clients' home. I see people that have been referred to us, either by themselves, via professionals or family members.

I look at each person's needs and understand the challenges that a person with hearing impairment faces on a daily basis. This may be answering doors, knowing if there is fire or smoke being detected within the home or struggling to hear devices such as TV's, mobile phones and many more.

I find great pleasure in helping clients find solutions that will enable them to live more comfortably.

I have met such lovely people during my assessment visits and within the service who really appreciate the work we do here at **SRSB/RSS**.

I look forward to meeting anyone I haven't met already.

**Hayley:** "Hi, I'm Hayley, I started volunteering at **SRSB/RSS** and took part in numerous fundraising events like a parachute jump, wing walk and fire walk.

I encountered **SRSB** before this as a client aged 23 after receiving a diagnosis of Retinitis Pigmentosa (RP). I cannot thank **SRSB** enough for getting me through some challenging times in my life during my sight loss journey. From diagnosis, through emotional and physical challenges over the years and still at this present day I feel supported and able to ask for help if needed. I started working at **SRSB** as an Emotional Support Officer 6 years ago. I previously worked as a children's nurse, but I had to redirect my career as this became difficult with sight loss. Being an Emotional Support Officer was an amazing opportunity for me to use my nursing skills and gave me the chance to study counselling skills to provide clients with the support needed to come to terms with their own sight loss journey.

I have recently changed my role to Community Support Officer where I am transferring my skills to help clients who are newly referred to us or whose circumstances may have changed and require further support. I'm a friendly phone call to introduce new clients to our services and provide reassurance that you are not alone in the situation they have been presented with. I will discuss clients' present needs with them or family members/carers and identify areas that we may be able to provide advice and support with. From here a plan can be made as to what services a client may be directed to. This maybe a visit from our Community Advice Officers, referrals to other departments like equipment, technology, emotional support, counselling and much more, or encouragement to come and see what goes on in and out of the Centres with our fantastic activities on offer.

I love working for **SRSB/RSS** there's never a dull moment in the Centres and always an opportunity to help with other things going on from coffee mornings, support groups to rifle shooting and lively weekends away! Involvement with activities is encouraged and this is a great opportunity to be face to face with clients and see their confidence grow. As someone who has a visual impairment, I definitely have the best of both worlds being a client and working in such a great place with a great team of staff.

# Services

For any of the services featured below or any of our other services, you can call us on the numbers at the beginning of the newsletter.

### **Christmas is Coming!**

It's that time of year again when we're busy planning! We're really looking forward to celebrating with you at the various festive activities:

- We kick off with Christmas Lights switch-on Wed 6th Dec at 11:30am with Gerry Kersey.
- Our Christmas Party is Fri 8th Dec 7pm to 10pm. Join us for a great night out with food and entertainment from Alan Turner.

- Our **Client Christmas Lunches** will be running from **Mon 11th to Fri 15th Dec 12pm to 2pm** with our old favourite, singer Dennis, to get the party going each day.
- Our Volunteer Christmas Party is on Tues 5th Dec 2pm to 4pm.
- Our Christmas fundraising **Pub Quiz at the Old Queens Head Thurs 30th Nov 7:30pm** Join us for a bit of festive fun!

Our **Christmas Raffle** is included in this newsletter if you have requested tickets. And we have some **SRSB/RSS/Cairn** Christmas Cards too if you would like to help us fundraise in this way (more details about fundraising later in the newsletter).

If you struggle to write your cards, we can provide **festive silver labels** with the message "Merry Christmas from ......" with your name printed on them. We charge £3 for a sheet of 48 labels. Please let us know if you would like to order some.

**Client Benefits Updates:** For people presently receiving Income Support, if you claimed Income Support after 31 January 2011 and were not getting Incapacity Benefit or Severe Disability Allowance at the time, or moved from Income Support to incomerelated ESA or UC after this date, there is a possibility that you should have been advised to claim income related Employment and Support Allowance instead/earlier as this could have resulted in more money.

For those people affected the DWP are making a 'special payment' to compensate. If you have any queries regarding this, please get in touch with us to discuss further.

As a reminder, we hold a **Welfare Rights Drop In Day** every 2 weeks with Carolyn or Danny at **SRSB.** This is to help you with questions around the cost of living crisis, any changes to your benefits, or if you would just like an up-to-date benefit check to

ensure you are receiving everything you are entitled to. Dates are listed on our website, or you can call us to check dates.

**Aromatherapy Massage:** Chris visits our Centre in Sheffield each Tuesday to deliver Aromatherapy, Reflexology and Massage sessions.

All products used contain natural ingredients and plant extracts. When essential oils are being used in a treatment, they are carefully selected depending on the individual needs of each client. Each essential oil has therapeutic properties which, coupled with massage, may provide relief for many minor ailments such as stress and muscular tension.

Melissa is the daughter of one of our clients, she is a busy Mum and carer who has been one of Chris' clients for over 9 years, so she is well qualified to tell us more! "I visit Chris for a body massage every two weeks and find the sessions so relaxing and calming, and it provides me with a bit of me-time which is important to me with my busy lifestyle! Chris is lovely to talk to and always checks if I have any particular issues to focus on. She is very gentle and I feel my muscles are so relaxed afterwards. She doesn't even mind if I nod off!

I always feel physically and mentally relaxed after a session and I would have no hesitation in recommending her to anyone."

To find out more or to book a session please get in touch with Chris directly: **0785 2589258** 

#### email: arm.chris.h@gmail.com

Don't forget we also have a visiting Foot Health Practitioner on a Wed, a Hairdresser on a Thurs and a Sports Massage Therapist on a Fri.

### **Children & Young People**

Our Youth Group has had some amazing experiences this year, a recent one being a visit to Foundry Climbing Centre climbing wall.

Our thanks to Climbing for All Sheffield for their support on the day.

If you're interested in joining the Youth Group, please get in touch.

## Activities For Your Health & Wellbeing: Physical and

mental activities, whether gentle or challenging, not only improve your health and wellbeing, but also your confidence. Ben and Jenny are our Activities Co-ordinators at **SRSB/RSS** and they are working on developing 2024's groups at the moment. These groups range from sports to keep you physically active, including leisure groups such as indoor curling, or outdoor walking, to competitive sports such as baseball or showdown, as well as lots of other activities to keep your minds active, such as arts/crafts, creative writing and other cultural activities, quizzes and bingo! We have something for everyone and we are always delighted to hear of new friendships made, improved health and morale, opportunities to take part in competitions and visit new places!

Just get in touch with Ben or Jenny to find out more or to be added to the monthly Activities List.

**Funding News:** We've got fantastic news to share with you that we have secured funding from Sport England to enable us to purchase another Showdown table for **RSS** when it reopens! Showdown has been so popular in Sheffield since we began the group and we're so excited to be able to offer this activity in Rotherham too. But that's not all... we've also been successful with funding for another popular **SRSB** activity - an indoor Curling set for **RSS**. And last but not least, we are also able to purchase new Boccia sets for both **SRSB** and **RSS**. Our thanks to Sport England for enabling us to hold these groups, all with the aim of keeping people active, encouraging social inclusion and creating a bit of healthy competition!

**Winter at Cafe VIPs:** We'll be returning to our 'Winter Warmers' on Mondays at **SRSB** in Sheffield 12pm to 1pm. This will begin again on Monday 30th Oct. Please drop in for a free bowl of soup with a roll and drink. Pop in when you are visiting other groups or just for a chat.

In the run up to Christmas there will be a little festive twist to some of the food in the Cafe. When **RSS** opens this will also be happening there.

**Feel Good Group Development:** We're establishing this group that is facilitated by our Emotional Support team. Each session has a different theme around ways to improve your wellbeing. Previous sessions have included one about the benefits of aromatherapy massage and reflexology, then another session on the benefits of Tai Chi. We'll explore lots of different themes to help you with your wellbeing. Please get in touch if you are interested in finding out more.

**Equipment & Technology:** We had several demo days in 2023 and are now planning dates for 2024. We are thinking about having two Open Days where we'll invite visiting suppliers offering a range of different services so that you can browse the latest devices and services on the same day. We'll let you know when we have organised them.

**Twitchers!:** We loved having Mikron Theatre Company visit with a performance of 'Twitchers' at our Centre in Sheffield. It was very well received by our clients and was a laugh out loud journey through the history of the RSPB (Royal Society for the Protection of Birds) with some powerful messages about the environment too. We appreciated the thought that had gone in to delivering this in an accessible way for our vision impaired clients. Thank you Mikron! We're hoping to welcome them back next year to both **SRSB**/**RSS** with a different performance - we'll keep you posted!

## **Cairn Home** Christmas Festivities at Cairn!

Preparations are underway for Christmas celebrations at our residential care home in Crosspool. Our residents visit local pubs for Christmas lunches, and have seasonal quizzes in the run up to the main event.

On 22nd Dec we have Christmas Carol singing in the evening and on Christmas Eve our care home manager, Amanda, cooks a Beef Wellington for everyone, then on Christmas Day we have a traditional turkey dinner and presents, followed by a festive film to watch. On New Year's Eve we have a buffet, although it's always a bit of a challenge to stay up until midnight after a feast!

**Other News:** We're currently nearing completion of the third ensuite bathroom refurbishment and will soon be beginning the upgrade of the Hairdressing Room.

## **Reptile Encounters!**

We recently had a visit from Rebecca's Reptiles, who brought along some snakes and lizards for our VERY brave residents to handle!

If you'd like to find out more about Cairn, please get in touch: 0114 266 1536 or cairn@srsb.org.uk

## Awareness

We are planning various consultations and research groups for 2024. These can be around discussing our clients' experiences at various organisations in Sheffield and Rotherham, helping with access issues, research of products and services, helping raise awareness with local groups and local authorities, discussing art

projects, working with students on their courses... and many more.

If you are interested in finding out about these groups, please let us know at **marketing@srsb.org.uk** 

There is an example of one of these projects below which illustrates how the collaborative research we did has resulted in a tangible outcome to benefit our clients.

## **Hospital Research Group**

In the last newsletter we let you know about some research by the School of Allied Health Professions, Nursing and Midwifery, at the the University of Sheffield with a group of our clients. The aim was to explore and understand how vision impairment (or low vision) can impact on inpatients during a hospital stay. They produced:

1. Tips for healthcare staff and how they can help a vision impaired patient when they are in hospital.

2. Tips for patients and family members for a hospital visit if someone has a vision impairment.

This information is now available for us to use and send out. If you would like a copy please get in touch **info@srsb.org.uk** 

**Leaflet Translations:** Thanks to the Heritage Fund and National Lottery players we have been able to produce our Client Services Leaflet in 5 different languages to help us reach more people within our community. We currently have the following available:

- Chinese
- Slovak
- Polish
- Urdu
- Arabic

## Heritage Update:

The **SRSB** History book that we mentioned in our last newsletter has now been recorded in an audio version which is available on memory stick. Please let us know if you would like a copy to listen to.

We are also finalising a PDF version of the book and completing the **SRSB** History Video soon as we have just received the first cut. More news on this soon.

## Heritage and Sensory Garden:

The garden now has both information boards in place as well as the sculptures and the planting is also complete. There are also two benches where you can sit and admire the sensory garden!

# Feedback

### Our Stories: Janiece.

When our client Janiece lost her sight very suddenly one New Year's Eve she realised she had two choices. She could accept it and live life the best way she could or stay at home and be a miserable person. "That's not me. I still want to party," she says. That's not to say Janiece does not have her setbacks but she looks for ways to turn negatives into positives. "There is no doom and gloom in my life, there is no room for it. If you find an obstacle in your life, walk around it." It was that mindset of walking around an obstacle which led Janiece to play VI Tennis, a sport which now plays a big part in her life and has even taken her to the hallowed courts of Wimbledon.

She had always been keen on exercising at the gym but after the Covid lockdowns people would get huffy with her if she accidentally moved closer to them than the two metres distance which was in operation at the time.

She wanted to do something different so after contacting the RNIB she chose tennis and began with some coaching at the Brentwood Tennis Club in Nether Edge.

"For me it was just a different way to stay fit, running around without falling over. I just wanted to run around and do some exercise. I didn't play tennis before and I didn't even know about the scoring and I wasn't interested in it."

So it was quite a turnaround that very quickly Janiece found herself founding what became the South Yorkshire Visually Impaired Tennis Club so that other people could enjoy the benefits that she gained from playing the sport and the social life that goes with it.

The club meets once a month at the Hallamshire Tennis Club at Hunter's Bar usually on Saturdays and during the summer on Tuesday afternoons at Brentwood. They also play at the Hallamshire Tennis Club every Tuesday afternoon throughout wintertime. It shows how much of a need there is because people travel to the sessions from Nottingham, Wakefield and Leeds as well as the local area.

Fundraising is a big issue for the club which keeps Janiece and the treasurer busy but she says **SRSB** has also been an amazing help especially in making her husband Dave a volunteer driver for the tennis club which enables them to take part in tournaments. A recent major achievement for Janiece was taking part in the National Finals of the first ever VI Tennis Tournament at Wimbledon. She was third placed lady in the B2 Category for severely sight impaired.

"I had a ball at Wimbledon, it was great. It is always really nice to meet up with people, make friends. Anything to do with VI always has a really great social aspect."

Another first is that the club was invited to take part in the Sheffield and District Tennis Tournament this year and it also won a Tennis For All award in the Lawn Tennis Association regional awards. She also won Volunteer of the Year at the same awards. These successes have been hard won for Janiece since she lost her sight more than five years ago. She had only one eye since the age of four and then on New Year's Eve had a retinal vein occlusion which damaged her remaining eye. She was introduced to **SRSB**'s Eye Clinic Liaison Officer at the hospital and got lots of help with technical services to help her get back to her career. In the end that did not work out and Janiece retrained in audio transcription. After the Covid lockdowns though she decided not to work anymore and focus instead on what she loves.

"Walking, exercise, anything to get me out and about. I am kind of living the dream now. I look for the positives – I never have to be the designated driver! My cup is always half full, never half empty even on days when I am not really feeling it, I still have to do something."

*Update:* Janiece was also recently recognised at the BBC Make a Difference Awards in Sheffield where she achieved a highly commended award for Volunteer of the Year.

Very well done Janiece!

## Volunteering

If you're interested in volunteering please view our roles online: www.srsb.org.uk/Jobs-and-Volunteering/Volunteer-

Opportunities/ or call Andrea on:

0114 272 2757 or email:

volunteers@srsb.org.uk

### Our Volunteer Christmas Party is on Tues 5th Dec from 2pm

**to 4pm.** If you are one of our volunteers your invitation is included with this newsletter. Please RSVP by the end of Nov for catering numbers.

We look forward to welcoming our volunteers to their Christmas Party. Please come and say hi and meet others in the team, as well as our staff. We can't wait to have a festive celebration with you and to say thank you for all you do!

Christine attended our Summer Volunteer Party and commented, "I really enjoyed getting together with other volunteers in a relaxed atmosphere. I've been at **SRSB/RSS** as a Tele Befriender since 2018 and these get togethers are important to me. Because the charity tends to retain their volunteers, I meet many of the same people each time. It's great to mix with others who do similar roles and it's so nice to feel appreciated for the work we do and to feel part of the team. I would recommend volunteering at **SRSB/RSS** to anyone."

If you are interested in joining our team of amazing Tele-Befriending volunteers please get in touch.

There are many other roles available at **SRSB/RSS** and you can view them on our website or book to have a chat with Andrea. Read more about what one of our volunteers (Ashley) gets out of her specific role at a sports group:

"I began volunteering for Sheffield Strikers VI Baseball team about 6 months ago. I started to volunteer as my partner, Jordan, who is the founder of Sheffield Strikers is visually impaired himself. I wanted to gain a deeper understanding of people living with a visual impairment. Jordan is very passionate about helping and supporting others, which gave me the motivation to get involved. "My background has always been within care homes so I've always been devoted to helping others. "I'm new to Sheffield and wanted to get involved in giving something to the community, and the Sheffield Strikers team have been very welcoming. They have become like family to me, so it's become more than just a volunteering role. I've built connections and relationships with everyone and it's something I look forward to each week. "Volunteering for the Sheffield Strikers is fun, the feeling of pride and satisfaction that arises from changing lives is second to none. "A highlight would definitely be when the team won their first tournament, the atmosphere was electric on the field and it was a proud moment for everyone! The smiles on people's faces were contagious, and that's what it's all about."

*Update:* Two members of Sheffield Strikers were chosen to represent GB in Italy at the European Blind Baseball Championships and the team won a bronze medal! Very well

done to everyone, but a special congratulations to our clients Jordan and Nomaan for all their hard work!

# Fundraising

Our Fundraising Events are open to anyone to join. You can book online at **www.srsb.org.uk/fundraising-events.aspx** call Steve on:

#### 0114 272 2757 or email:

### fundraising@srsb.org.uk

The events we hold are a critical source of income for our local independent charity and help us to provide our services now and into the future in Sheffield and Rotherham.

**Christmas Raffle:** Thank you so much to everyone who takes part in our raffles (including the supporters who donate prizes). The first prize is £250 and we'll also be giving away a further 20 fantastic prizes, including a Luxury Hamper and a £50 Love2Shop Voucher.

Tickets are enclosed if you have requested some. They are £2.50 per book. If you can sell them, please put the money and the ticket counterfoils in the FREEPOST envelope and send back to **SRSB/RSS** no later than Fri 15th Dec 2023 (to be drawn on Wed 20th Dec 2023). Cheques should be made payable to "**SRSB**". If you or your family can sell extra tickets please let us know. We realise selling tickets is not for everyone, so don't worry, but please DO NOT return the tickets to us as we do have to pay postage for the FREEPOST envelope if you use it. If you would prefer not to receive raffle tickets in future then please just give us a call.

If you prefer to pay for the raffle tickets by debit /credit please call us and we can take your payment and enter tickets into the draw for you. It's simple and ALL proceeds will go to **SRSB/RSS**. Thank you if you can help us to save costs by putting a postage stamp on the envelope but please ensure that you cross out the first line of the address on the envelope which starts "Freepost Plus" and the barcode immediately above it. We will be charged otherwise.

Please could you also ensure that any person buying raffle tickets is aged 16 or over.

### SRSB/RSS & SYVITC Quiz and DJ Night: A joint

fundraisier for **SRSB/RSS** and South Yorkshire Visually Impaired Tennis Club.

Thurs 9th Nov, 7:30pm

SRSB, 5 Mappin Street, Sheffield.

Ticket Price: £5 per person.

Early booking is recommended as places are limited. Pay bar, raffle, pub snacks and music from DJ

**Pub Quiz:** Thursday 30th Nov 7:30pm The Old Queen's Head Sheffield.

Join us for a bit of festive fun! Free sandwiches at half time and the chance of winning the first team prize or a raffle prize! Only £4 per person.

**Christmas Cards:** The cards come in packs of 10 in 2 different colours (festive red and green).

#### £7 per pack.

### Lottery

Join our lottery with the chance to win up to £25,000 each week and help us raise funds!

We use a company called Unity to raise funds for our charity.

Cost of entry (£1 per entry; for every £1 you play each week,

you'll receive a unique 6-digit lottery number).

Players must be 16 and over

The odds of winning a prize for players: 3 digit match = 1 in 69 4 digit match = 1 in 823 5 digit match = 1 in 18,518 6 digit match = 1 in 1,000,000 All players have a 1 in 63 chance of winning ANY prize!

## **Grant and Trusts**

The Grants from Trusts we've been applying for are enabling so many projects, from sporting activities, children's groups, building work, emotional support and heritage projects. For example we recently had a donation from our friends at Gripple towards our Home Demo kitchen at **RSS** and our daily living project, so a big thank you to them!

### Legacies

We're forever grateful to everyone who decides to support our charity in their Will, enabling us to plan for the future and support our clients into the future. If you would like to find out about our Free Will services, or have a chat about how a pledge in your Will can help, please get in touch.

## **Our Local Communities**

We are always amazed by the kindness of our community and its many groups. For example, the Barnsley Morris Minors Owners Group and Universal Office Products who have both made recent donations. Thank you to everyone who helps us to make a difference to people with sight and/or hearing impairment in the local area.

**Donations:** Donations from individuals are so appreciated and if you are able to make a donation please don't hesitate to get in touch. We can take a donation over the phone, by cheque in the

post or via our website: www.srsb.org.uk/Support-Us/How-to-Donate/

You can also make a regular donation by standing order. Thank you, we couldn't do what we do without our supporters.

### Take On 160+ Supporter Event

On Sat 20th Jan 2024 we'll be having another get together to say a BIG thank you to the amazing supporters who took on 160+ to raise funds and awareness of our charity in 2023. You'll be getting an invite soon if you are one of the incredible supporters who helped us raise over £160 each. More in the next newsletter about the total funds raised and stories from the event and who our special guest will be!

## **Our Daring Supporters!**

We're lucky to have so many supporters ready to take on the daring challenges we come up with (many of which are actually suggested by our supporters!)

One group took on the Infinity Bridge at the Honister Slate Mine in the Lake District, aptly named because you can't see from one end from the other, taking our participants 1,000 ft above sea level and raising over  $\pounds 2,600!$  The Zip Line in Wales was another success with the group raising over  $\pounds 2,500!$  And the Abseil in July raised a fantastic  $\pounds 2,600!$ 

Massive thanks to everyone and also to their sponsors! We really appreciate it.

**Return of Blind Drive:** Back by popular demand was our Blind Drive event which was held at a new venue at Sheffield Arena in conjunction with Young Driver. Thanks to both organisations for their support and a huge thank you to our supporters and their sponsors for helping us to raise an amazing £3,301 so far! The Blind Drive is great for our clients who may never have driven if they were born with sight loss or haven't driven since they lost their sight. Our sighted supporters have the tables turned on them and have to wear a blindfold or Simulation Specs to drive! Two of our clients were champions! Graham was the penalty points winner and Dave was top fundraiser! Well done to everyone else and thank you for your support.

Please get in touch if you want to join our challenge events in 2024, we're busy planning what we'll be up to at the moment!

# **Other News**

**Questionnaire:** We've enclosed another brief questionnaire focusing on one of the main topics from your feedback. Please help us by completing it and returning in the pre-paid envelope enclosed. We really appreciate your feedback, helping us develop our services for the future.

### And finally...2024 is Around the Corner!

So here's a very early Happy New Year to everyone! Our best wishes for a happy and peaceful 2024.

### Sheffield Royal Society for the Blind (SRSB)

5 Mappin Street Sheffield S1 4DT Tel: 0114 272 2757 E: <u>info@srsb.org.uk</u> Web: <u>www.srsb.org.uk</u>

### **Cairn Home**

58 Selborne Road Crosspool Sheffield S10 5ND Tel: 0114 266 1536 E: cairn@srsb.org.uk Web: www.cairnhome.org.uk

#### **Rotherham Sight & Sound**

8 Ship Hill Rotherham S60 2HG **Tel:** 01709 722420 E: <u>enquiries@rotherss.org.uk</u> Web: <u>www.RotherSS.org.uk</u>

Registered charity number 1047257